

**SAN ANGELO GROUP FITNESS SCHEDULE DECEMBER 1- 22 2018**  
 4110 SUNSET DRIVE SAN ANGELO TX, 76904 325-949-8888 <http://heroesgym-sanangelo.com>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 5:30AM LEIGHANN	 5:30AM VANESSA	 5:30PM LEIGHANN	 5:30AM VANESSA	 5:30AM VANESSA		
 8:30AM COURTNEY	 8:30AM SHELLY	 8:30AM SABRINA	 5:30AM SABRINA	 8:30AM NICOLE	 9:00 MARY	
<b>STRONG</b> 9:30AM ISABEL	 9:35AM PAT	<b>STRONG</b> 9:30AM ISABEL	 8:30AM ISABEL	 9:35AM CRESTINA	<b>STRONG</b> 10:10AM MARY	 1:30PM ISABEL/SHE
 9:30AM NICOLE			 9:35AM PAT	 *9:35AM NICOLE*	 10:10AM JEFF	 2:30PM LYNETTE
 10:40AM BRIAN		 10:40AM BRIAN		 10:40AM BRIAN		
 5:30PM SABRINA	<b>STRONG</b> 5:35PM MARY	 5:30PM MELLISA	 5:35PM MARY	 5:30PM MELLISA	<p align="center"><b>*DESIGNATES A 30 MINUTE CLASS*</b></p> <p align="center"><b>REGULAR SCHEDULE RUNS THROUGH DEC. 22ND. PICK UP A HOLIDAY SCHEDULE FOR DEC. 23- JAN.5</b></p>	
	 5:45PM GARY		 5:45PM GARY			
	<b>YOGA</b> 6:00PM STACY		<b>YOGA</b> 6:00PM STACY			
 6:45PM MARYANN	 6:45PM MARYANN	 6:45PM LYNETTE	<b>STRONG</b> 6:45PM MARYANN			

