

**SAN ANGELO GROUP FITNESS SCHEDULE MARCH 2019**  
 4110 SUNSET DRIVE SAN ANGELO TX, 76904 325-949-8888 <http://heroesgymсанangelo>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 5:30AM LEIGHANN	 5:30AM CINDY	 5:30PM LEIGHANN	 5:30AM PAT	STRONG 5:30AM ISABEL		
 8:30AM COURTNEY	 5:30AM SABRINA	 8:30AM SABRINA	 8:30AM ISABEL	 8:30AM NICOLE	 9:00 MARY	
STRONG 9:35AM ISABEL	 8:30AM SHELLY	STRONG 9:35AM ISABEL		 9:35AM CRESTINA	STRONG 10:10AM MARY	 1:30PM SHELLY/NIKKI
 9:30AM NICOLE	 9:35AM PAT		 9:35AM CRESTINA	YOGA 9:30AM SHELLIE	 10:10AM JEFF	 2:30PM LYNETTE
 10:40AM BRIAN	 *9:30AM NIKKI*	 10:40AM BRIAN		 10:40AM BRIAN		
 5:30PM SABRINA	STRONG 5:30PM MARY	 5:30PM MELLISA	 5:30PM MARY	 5:30PM MELLISA	<p align="center"><b>*DESIGNATES A 30 MINUTE CLASS*</b></p> <p align="center"><b>CONSISTENCY IS KEY! ARE YOU SHOWING UP DAILY?! IT'S NEVER TO LATE TO START!</b></p>	
 *6:00PM STACY*	 5:45PM STACY		 5:45PM STACY			
YOGA 6:30PM STACY			YOGA 6:30PM STACY			
 6:45PM PAT	 6:45PM MARY	 6:45PM LYNETTE	STRONG 6:45PM MARY	 6:45PM IZZY		





